



SHOW PACKET



PRESENTS THE 11TH ANNUAL NPC/IFBB PROFESSIONAL LEAGUE

RISING PHOENIX

ALL NATURAL
LINEAR
PROTEIN BAR



NPC



IFBB

ALL WOMEN'S BODYBUILDING SHOW

SEPTEMBER 13

FREE ENTRY TO THE
AMATEUR OLYMPIA
TO ALL OPEN
OVERALL WINNERS



INTRODUCING
THE
FIT MODEL
DIVISION
FOR 2025



Le'Bon
BEAUTY + COSMETICS

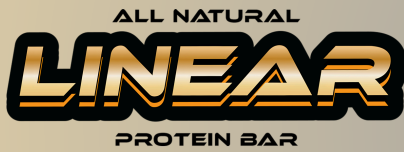
Pro Tan
Since 1987

LINEAR PROTEIN BAR PRESENTS

THE 11TH ANNUAL

NPC/IFBB BIKINI LAB DESIGN STUDIO RISING PHOENIX!

THANK YOU TO OUR SPONSORS!



PRESENTING SPONSOR



TITLE SPONSOR

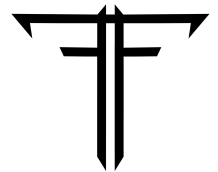


OFFICIAL TANNING SPONSOR



BEAUTY + COSMETICS

OFFICIAL HAIR & MAKEUP SPONSOR



JW MEDIA PROPERTIES





PRESENTS THE 11TH ANNUAL NPC/IFBB PROFESSIONAL LEAGUE

RISING PHOENIX

ALL WOMEN'S BODYBUILDING SHOW

FRIDAY

3:00PM: IFBB ATHLETE CHECK-INS (ALL DIVISIONS!)

5:00PM: FREE POSING SEMINAR WITH
HEAD JUDGE BECKY CLAWSON

6:00PM: NPC ATHLETE CHECK-INS

SATURDAY

8:00 AM NPC PREJUDGING

- NPC FITNESS
- NPC WOMEN'S PHYSIQUE
- NPC WOMEN'S BODYBUILDING
- NPC WELLNESS
- NPC FIGURE
- NPC BIKINI
- NPC FIT MODEL

9:30 AM IFBB PRO PREJUDGING

MASTERS 40+, FOLLOWED BY OPEN

- IFBB FITNESS
- IFBB FIGURE
- IFBB WOMEN'S PHYSIQUE
- IFBB WOMEN'S BODYBUILDING
- IFBB WELLNESS
- IFBB BIKINI

2:30 PM DOORS OPEN TO PUBLIC FOR FINALS

3:00 PM IFBB ARIZONA WOMEN'S PRO FINALS

MASTERS 40+, FOLLOWED BY OPEN

(ALL PRESENT | TOP 10 ROUTINES ONLY)

NPC  IFBB

SEPTEMBER 13, 2025



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TICKETS



ALL DAY PASS (\$11 OFF!):
General Admission \$200
VIP \$240



PREJUDGING:
NPC @ 8AM | IFBB @ 9:30AM
General Admission \$90
VIP \$115

FINALS @ 3PM
General Admission \$120
VIP \$138

BACKSTAGE PASS \$140*

***MUST HAVE A CURRENT NPC OR IFBB CARD AND ALL DAY PASS**

CHILDREN'S TICKETS
UNDER THREE YEARS OLD = FREE | AGES 3-12 YEARS OLD = 50% OFF

VETERANS DISCOUNT = 10% OFF
PROOF OF ID REQUIRED

***PRICES SHOWN ABOVE INCLUDE SALES TAX.**
ALL SALES ARE FINAL. NO REFUNDS. EXCHANGES MAY APPLY.



GETTING AROUND

AIRPORT > HOTEL > VENUE



Phoenix Sky Harbor International Airport

- 3400 E Sky Harbor Blvd, Phoenix, AZ 85034
- 20 miles from hotel. Approx 25 min drive.



HOLIDAY INN GLENDALE - STADIUM & ENT DIST

- 6151 North 99th Avenue Glendale, Arizona 85305 United States
- Check in: 3:00 PM
Check out: 11:00 AM
- [1-602-603-5800](tel:1-602-603-5800)
- [Hotel Website](#)



SHOW VENUE: DESERT DIAMOND ARENA

- 9400 W Maryland Ave Glendale, AZ 85305
- 1 mile away from Holiday Inn Glendale
Approx 3 min drive
- (623) 249-2603
- [Address on Google Maps](#)



DISTANCE FROM SHOW VENUE

- Distance:** 1 mile away, 3 minute drive.
- Parking:** Parking available in LOT G
- Entry:** Public will enter the facility through GATE 4.
- Shuttle:** Check out the complimentary shuttle schedule.



SHUTTLE

- There will be a complimentary shuttle running between the host hotel and show venue, at the following times:
 - Friday:** 12pm - 7pm
 - Saturday:** 5am-12pm | 2pm-7pm

AMENITIES

- On-site dining
- Daily housekeeping
- Free parking
- EV chargers
 - 2 Electric Vehicle Charging Stations are available
 - Fee is \$.40/kw
- Pool
- Wi-Fi
- Fitness center



NEARBY DINING

- On-Site:**
 - Bodybuilding Menu** offered at Crooked Pint Ale House
 - All-Day Dining & Room Service
 - Crooked Pint Ale House
- Nearby:**
 - With over 40+ options at the Westgate Entertainment District, your dining options are unlimited! Check out the full list [HERE](#).



PARKING: LOT G / GATE 4



PARK: Closest parking available in **LOT G**

ENTER: Attendees and Athletes will enter the facility through **GATE 4**



FREE SHUTTLE

From **Holiday Inn Glendale** to **Desert Diamond Arena**

Departs from each venue every 15 minutes



Friday, September 12

12 PM – 7 PM

Saturday, September 13

5 AM – 12 PM

2 PM – 7 PM



FREE POSING SEMINAR WITH HEAD JUDGE BECKY CLAWSON



RISING  PHOENIX

FRIDAY SEPT 12 @ 5:00PM

DESERT DIAMOND ARENA - 9400 W MARYLAND AVE, GLENDALE, AZ 85305

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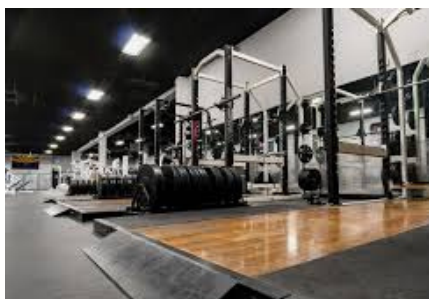


INTRODUCING
THE
FIT MODEL
DIVISION
FOR 2025





OFFICIAL GYM OF THE NPC | IFBB RISING PHOENIX



INDEPENDENCE GYM

2980 Hayden Rd, Scottsdale, AZ 85251
(480) 305-6410 | www.independencegym.com

**ALL REGISTERED RISING PHOENIX
ATHLETES WILL HAVE **FREE ACCESS** TO
INDEPENDENCE GYM!**

OFFER AVAILABLE:
WEDNESDAY SEPTEMBER 10th - SUNDAY SEPTEMBER 14th
(PROOF OF ID REQUIRED FOR ENTRY)

HOURS OF OPERATION:
MON - FRI: 5am - 10pm | SAT: 7am - 7pm | SUN: 8am - 4pm





BODYBUILDING MENU

Menu offered at the Crooked Pint Ale House,
located on the 1st floor near the lobby.

BREAKFAST

EGGS + OATS \$16
Three hard boiled eggs and oatmeal

OATMEAL BOWL \$10
Served with strawberries and blueberries

EGG WHITE SCRAMBLE \$16
Four egg whites with choice of asparagus
or broccoli

LUNCH + DINNER

Served with three sides.

ROASTED CHICKEN \$18
8 oz. of roasted chicken breast

ADDITIONAL ITEMS

CUP OF OATMEAL \$6

HARD BOILED EGGS \$6
Three hard boiled eggs

CHICKEN BREAST \$10

BAKED POTATO \$10

ASPARAGUS + CARROTS \$6

SIDES

OATMEAL

WHITE RICE

WHITE POTATO

SWEET POTATO

ASPARAGUS

BROCCOLI



**OFFERED AT HOST HOTEL:
HOLIDAY INN GLENDALE - STADIUM & ENT DIST**



NEARBY AMENITIES



GROCERIES

Safeway

(3 miles away)

4811 N 83rd Ave, Phoenix, AZ 85033

Target Grocery

(2.3 miles away)

9350 W Northern Ave, Glendale, AZ 85305

Walgreens Pharmacy

(1.8 miles away)

8309 W Glendale Ave, Glendale, AZ 85305

DINING

With **over 40+ dining options** at the Westgate Entertainment District, your dining options are unlimited! Check out the full list [HERE](#).

GYMS

EōS Fitness

(2.8 miles away)

5070 N 83rd Ave, Glendale, AZ 85305

Die Hard Gym & Fitness LLC

(6.2 miles away)

9794 W Peoria Ave # 9, Peoria, AZ 85345



RISING  PHOENIX

ALL NAT
LINEAR

SHOW EMCEE

SHANNON
DEY



SEPTEMBER 13

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Pro Tan
Since 1987



THIS YEAR'S ALL FEMALE JUDGES PANNEL

BECCA SIZEMORE

BERNADETTE
GALVAN

ALLI PETRIELLA

IFBB PRO LEAGUE HEAD JUDGE
BECKY CLAWSON

ROBYN MAHER



RISING  PHOENIX
SEPTEMBER 13



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COMING UP NEXT!



WWW.WINGSOFTRENGTH.NET



2026 DATES COMING SOON!



VALLEY OF THE SUN CHAMPIONSHIPS + SUN CITY SHOWDOWN + ATLANTA PRO SUPERSHOW + PHOENIX IRON GAMES +
RISING PHOENIX + ROMANIA MUSCLE FEST + OLYMPIA AMATEUR EASTERN EUROPE